1. Bulbasaur: Get from a girl in the green dress in Dewford Town (Event)
2. Ivysaur: Evolve Bulbasaur (Level 16)
3. Venusaur: Evolve Ivysaur (Level 32)
4. Charmander: Get from a sailor in the Pokémon Center in Slateport City (Event)
5. Charmeleon: Evolve Charmeleon (Level 16)
6. Charizard: Evolve Charizard (Level 36)
7. Squirtle: Get from a Youngster on the second floor of Mauville City’s Pokémon Center (Event)
8. Wartortle: Evolve Squirtle (Level 16)
9. Blastoise: Evolve Wartortle (Level 36)
10. Caterpie: Petalburg Woods
11. Metapod: Evolve Caterpie (Level 7)
12. Butterfree: Evolve Metapod (Level 10)
13. Weedle: Petalburg Woods
14. Kakuna: Evolve Weedle (Level 7)
15. Beedrill: Evolve Kakuna (Level 10)
16. Pidgey: Route 101
17. Pidgeotto: Evolve Pidgey (Level 18), Route 120
18. Pidgeot: Evolve Pidgeotto (Level 36)
19. Rattata: Route 101
20. Raticate: Evolve Rattata (Level 20)
21. Spearow: Petalburg Woods
22. Fearow: Evolve Spearow (Level 20)
23. Ekans: Route 116
24. Arbok: Evolve Ekans (Level 22)
25. Pikachu: Evolve Pichu (Friendship), Route 121, New Mauville, Safari Zone
26. Raichu: Evolve Pikachu (ThunderStone)
27. Sandshrew: Route 111, Granite Cave, Mirage Tower
28. Sandslash: Evolve Sandshrew (Level 22)
29. Nidoran♀: Route 103
30. Nidorina: Evolve Nidoran♀ (Level 16), Route 119
31. Nidoqueen: Evolve Nidorina (Moon Stone)
32. Nidoran♂: Route 103
33. Nidorino: Evolve Nidoran♂ (Level 16), Route 119
34. Nidoking: Evolve Nidorino (Moon Stone)
35. Clefairy: Evolve Cleffa (Friendship)
36. Clefable: Evolve Clefairy (Moon Stone)
37. Vulpix: Fiery Path, Mt. Pyre (Side of the mountain)
38. Ninetales: Evolve Vulpix (Fire Stone)
39. Jigglypuff: Evolve Igglybuff (Friendship)
40. Wigglytuff: Evolve Jigglypuff (Moon Stone)
41. Zubat: Petalburg Woods, Cave of Origin, Shoal Cave, Seafloor Cavern
    1. In the water: Meteor Falls
42. Golbat: Evolve Zubat (Level 22), Cave of Origin, Victory Road, Seafloor Cavern, Sky Pillar
    1. In the water, surfing: Meteor Falls
43. Oddish: Route 103, Safari Zone
44. Gloom: Evolve Oddish (Level 21), Route 123, Safari Zone
45. Vileplume: Evolve Gloom (Leaf Stone)
46. Paras: Petalburg Woods
47. Parasect: Evolve Paras (Level 24)
48. Venonat: Petalburg Woods
49. Venomoth: Evolve Venonat (Level 31)
50. Diglett: Route 111
51. Dugtrio: Evolve Diglett (Level 26), Victory Road
52. Meowth: Route 102
53. Persian: Evolve Meowth (Level 28)
54. Psyduck: (By surfing) Route 134, Route 124, Safari Zone
55. Golduck: Evolve Psyduck (Level 33), (By surfing), Safari Zone
56. Mankey: Route 104
57. Primeape: Evolve Mankey (Level 28), Victory Road
58. Growlithe: Fiery Path
59. Arcanine: Evolve Growlithe (Fire Stone)
60. Poliwag: Route 103
    1. By surfing, Route 127
61. Poliwhirl: Evolve Poliwag (Level 25), Route 121
62. Poliwrath: Evolve Poliwhirl (Water Stone)
63. Abra: Route 104
64. Kadabra: Evolve Abra (Level 16)
65. Alakazam: Evolve Kadabra (Link Cable)
66. Machop: Route 112
67. Machoke: Evolve Machop (Level 28), Route 120, Victory Road
68. Machamp: Evolve Machoke (Link Cable)
69. Bellsprout: Route 104
70. Weepinbell: Evolve Bellsprout (Level 21), Route 119
71. Victreebel: Evolve Weepinbell (Leaf Stone)
72. Tentacool: Route 104 (Old Rod), Route 125 (Surfing, Old Rod, Good Rod), Route 131 (Surfing, Old Rod, Good Rod), Route 134 (Surfing, Old Rod, Good Rod)
73. Tentacruel: Evolve Tentacool (Level 30), Abandoned Ship
74. Geodude: Route 111, Route 114, Rusturf Tunnel, Granite Cave, Safari Zone
75. Graveler: Evolve Geodude (Level 25), Victory Road
76. Golem: Evolve Graveler (Link Cable)
77. Ponyta: Route 110
78. Rapidash: Evolve Ponyta (Level 40)
79. Slowpoke: Meteor Falls
80. Slowbro: Evolve Slowpoke (Level 37)
81. Magnemite: Meteor Falls, New Mauville
82. Magneton: Evolve Magnemite (Level 30), Meteor Falls
83. Farfetch’d: Jagged Pass
84. Doduo: Route 112, Safari Zone
85. Dodrio: Evolve Doduo (Level 31), Safari Zone
86. Seel: Petalburg City (Old Rod), Shoal Cave, Route 126 (Surfing)
87. Dewgong: Evolve Seel (Level 34)
88. Grimer: Route 116
89. Muk: Evolve Grimer (Level 38)
90. Shellder: Route 111 (Old Rod), Route 127 (Surfing)
91. Cloyster: Evolve Shellder (Water Stone),
92. Gastly: Route 114, Mt. Pyre
93. Haunter: Evolve Gastly (Level 25)
94. Gengar: Evolve Haunter (Dusk Stone)
95. Onix: Fiery Path, Victory Road
96. Drowzee: Jagged Pass
97. Hypno: Evolve Drowzee (Level 26)
98. Krabby: Route 102 (Old Rod), Route 126 (Surfing), Route 132 (Surfing)
99. Kingler: Evolve Krabby (Level 28)
100. Voltorb: Route 112, New Mauville, Route 123
101. Electrode: Evolve Voltorb (Level 30)
102. Exeggcute: Route 116 , Route 121
103. Exeggutor: Evolve Exeggcute (Leaf Stone)
104. Cubone: Granite Cave
105. Marowak: Evolve Cubone (Level 28)
106. Hitmonlee: Evolve Tyrogue (Level 20 if Attack > Defense)
107. Hitmonchan: Evolve Tyrogue (Level 20 if Attack < Defense)
108. Lickitung: Route 115
109. Koffing: Route 116
110. Weezing: Evolve Koffing (Level 35)
111. Rhyhorn: Fiery Path, Route 123, Victory Road, Safari Zone
112. Rhydon: Evolve Rhyhorn (Level 42)
113. Chansey: Evolve Happiny (Friendship)
114. Tangela: Route 115, Route 123
115. Kangaskhan: Route 115
116. Horsea: Slateport City (Old Rod), Route 132 (Super Rod), Route 133 (Super Rod), Route 134 (Super Rod)
117. Seadra: Evolve Horsea (Level 32)
118. Goldeen: Slateport City (Old Rod), Route 111 (Old Rod), Route 127 (Surfing)
119. Seaking: Evolve Goldeen (Level 33), Safari Zone (Super Rod)
120. Staryu: Route 103 (Old Rod), Route 122 (Surfing), Route 129 (Surfing), Route 133 (Surfing)
121. Starmie: Evolve Staryu (Water Stone)
122. Mr. Mime: Evolve Mime Jr. (Level up + Mimic)
123. Scyther: Jagged Pass
124. Jynx: Evolve Smoochum (Level 30)
125. Electabuzz: Evolve Elekid (Level 30)
126. Magmar: Evolve Magby (Level 30)
127. Pinsir: Route 111, Safari Zone
128. Tauros: Route 115
129. Magikarp: Route 103 (Old Rod), Route 129 (Old Rod or Good Rod)
130. Gyarados: Evolve Magikarp (Level 20), Sootopolis City (Super Rod), Route 129 (Surfing)
131. Lapras: Route 124
132. Ditto: Desert Underpass
133. Eevee: Route 103
134. Vaporeon: Evolve Eevee (Water Stone)
135. Jolteon: Evolve Eevee (ThunderStone)
136. Flareon: Evolve Eevee (Fire Stone)
137. Porygon: Route 119
138. Omanyte: Route 111 (Surfing)
139. Omastar: Evolve Omanyte (Level 40)
140. Kabuto: Route 111 (Surfing)
141. Kabutops: Evolve Kabuto (Level 40)
142. Aerodactyl: Desert Underpass (Battle Event)
143. Snorlax: Evolve Munchlax (Friendship)
144. Articuno: Shoal Cave (Legendary Battle)
145. Zapdos: New Mauville (Legendary Battle)
146. Moltres: Mt. Chimney (Legendary Battle)
147. Dratini: Route 114
148. Dragonair: Evolve Dratini (Level 30)
149. Dragonite: Evolve Dragonair (Level 55)
150. Mewtwo: Artisan Cave (Legendary Battle)
151. Mew: Old Sea Map Event\*
152. Chikorita: Get from a the girl near the flower patch on Route 117
153. Bayleef: Evolve Chikorita (Level 16)
154. Meganium: Evolve Bayleef (Level 32)
155. Cyndaquil: Receive from a Picnicker at the beginning of Route 110
156. Quilava: Evolve Cyndaquil (Level 14)
157. Typhlosion: Evolve Quilava (Level 36)
158. Totodile: Receive from the non-Trainer girl on the Mauville side of Route 118
159. Croconaw: Evolve Totodile (Level 18)
160. Feraligatr: Evolve Croconaw (Level 30)
161. Sentret: Route 101
162. Furret: Evolve Sentret (Level 15)
163. Hoothoot: Route 101, Safari Zone
164. Noctowl: Evolve Hoothoot (Level 20)
165. Ledyba: Route 102, Safari Zone
166. Ledian: Evolve Ledyba (Level 18)
167. Spinarak: Route 102, Safari Zone
168. Ariados: Evolve Spinarak (Level 22)
169. Crobat: Evolve Golbat (Friendship)
170. Chinchou: Route 106 (Old Rod)
171. Lanturn: Evolve Chinchou (Level 27)
172. Pichu: Rusturf Tunnel
173. Cleffa: Rusturf Tunnel
174. Igglypuff: Rusturf Tunnel
175. Togepi: Get from the girl in Rustboro City's Pokémon Center
176. Togetic: Evolve Togepi (Friendship)
177. Natu: Route 113, Route 121, Safari Zone
178. Xatu: Evolve Natu (Level 25), Safari Zone
179. Mareep: Route 104, Safari Zone
180. Flaaffy: Evolve Mareep (Level 15), New Mauville, Route 120
181. Ampharos: Evolve Flaaffy (Level 30)
182. Bellossom: Evolve Gloom (Sun Stone)
183. Marill: Evolve Azurill (Friendship), Route 133 (Surfing)
184. Azumarill: Evolve Marill (Level 18)
185. Sudowoodo: Evolve Bonsly (Level Up + Mimic), Battle Frontier (Battle Event)
186. Politoed: Evolve Poliwhirl (Sun Stone)
187. Hoppip: Route 102
188. Skiploom: Evolve Hoppip (Level 18), Route 120
189. Jumpluff: Evolve Skiploom (Level 27)
190. Aipom: Route 113, Safari Zone
191. Sunkern: Route 103, Safari Zone
192. Sunflora: Evolve Sunkern (Sun Stone)
193. Yanma: Route 112, Route 121
194. Wooper: Route 104, Route 129 (Surfing)
195. Quagsire: Evolve Wooper (Level 20), Route 123, Safari Zone (Surfing)
196. Espeon: Evolve Eevee (Sun Stone)
197. Umbreon: Evolve Eevee (Moon Stone)
198. Murkrow: Route 112, Route 121
199. Slowking: Evolve Slowpoke (Water Stone)
200. Misdreavus: Route 112, Mt. Pyre
201. Unown: Mt. Pyre (side of the mountain)
202. Wobbuffet: Evolve Wynaut (Level 15), Safari Zone
203. Girafarig: Route 113, Safari Zone
204. Pineco: Petalburg Woods, Safari Zone
205. Forretress: Evolve Pineco (Level 31)
206. Dunsparce: Route 116
207. Gligar: Fiery Path, Route 120, Safari Zone
208. Steelix: Evolve Onix (Link Cable)
209. Snubbull: Jagged Pass, Safari Zone
210. Granbull: Evolve Snubbull (Level 23)
211. Qwilfish: Route 109 (Old Rod), Route 124 (Surfing), Route 129 (Surfing)
212. Scizor: Evolve Scyther (Sun Stone)
213. Shuckle: Fiery Path, Safari Zone (Rock Smash)
214. Heracross: Route 119, Safari Zone
215. Sneasel: Route 117, Shoal Cave
216. Teddiursa: Jagged Pass, Safari Zone
217. Ursaring: Evolve Teddiursa (Level 30)
218. Slugma: Fiery Path
219. Magcargo: Evolve Slugma (Level 38)
220. Swinub: Route 110, Shoal Cave
221. Piloswine: Evolve Swinub (Level 33)
222. Corsola: Route 117 (Old Rod), Route 128 (Super Rod), Route 129 (Surfing)
223. Remoraid: Route 109 (Old Rod), Route 124 (Surfing), Route 130 (Surfing)
224. Octillery: Evolve Remoraid (Level 25), Safari Zone (Super Rod)
225. Delibird: Jagged Pass, Shoal Cave
226. Mantine: Evolve Mantyke (Level Up + Remoraid), Route 126 (Surfing)
227. Skarmory: Route 113
228. Houndour: Route 116, Safari Zone
229. Houndoom: Evolve Houndour (Level 24)
230. Kingdra: Evolve Seadra (Water Stone)
231. Phanpy: Granite Cave, Safari Zone
232. Donphan: Evolve Phanpy (Level 25)
233. Porygon2: Evolve Porygon (Link Cable)
234. Stantler: Route 119, Safari Zone
235. Smeargle: Route 111, Artisan Cave
236. Tyrogue: Route 115
237. Hitmontop: Evolve Tyrogue (Level 20 if Attack = Defense)
238. Smoochum: Rusturf Tunnel, Shoal Cave
239. Elekid: Rusturf Tunnel, New Mauville
240. Magby: Rusturf Tunnel
241. Miltank: Route 113, Safari Zone
242. Blissey: Evolve Chansey (Sun Stone)
243. Raikou: Route 116, in the cave if you have Lugia & Ho-oh (Legendary Battle)
244. Entei: Route 116, in the cave if you have Lugia & Ho-oh (Legendary Battle)
245. Suicune: Route 116, in the cave if you have Lugia & Ho-oh (Legendary Battle)
246. Larvitar: Granite Cave
247. Pupitar: Evolve Larvitar (Level 30)
248. Tyranitar: Evolve Pupitar (Level 55)
249. Lugia: MysticTicket Event\*
250. Ho-oh: MysticTicket Event\*
251. Celebi: Battle Frontier (Legendary Battle)
252. Treecko: Starter/Receive from the CoolTrainer near Gabby & Ty on Route 111
253. Grovyle: Evolve Treecko (Level 16)
254. Sceptile: Evolve Grovyle (Level 36)
255. Torchic: Starter/Receive from the person at the end of Jagged Pass
256. Combusken: Evolve Torchic (Level 16)
257. Blaziken: Evolve Combusken (Level 36)
258. Mudkip: Starter/Receive from the non-Trainer Fisherman on Route 114’s Bridge
259. Marshtomp: Evolve Mudkip (Level 16)
260. Swampert: Evolve Marshtomp (Level 36)
261. Poochyena: Route 101
262. Mightyena: Evolve Poochyena (Level 18)
263. Zigzagoon: Route 101, Route 118
264. Linoone: Evolve Zigzagoon (Level 20), Route 118, Route 121
265. Wurmple: Petalburg Woods
266. Silcoon: Evolve Wurmple (Level 7 w/ high personality)
267. Beautifly: Evolve Silcoon (Level 10)
268. Cascoon: Evolve Wurmple (Level 7 w/ low personality)
269. Dustox: Evolve Cascoon (Level 10)
270. Lotad: Route 102
271. Lombre: Evolve Lotad (Level 14)
272. Ludicolo: Evolve Lombre (Water Stone)
273. Seedot: Route 102
274. Nuzleaf: Evolve Seedot (Level 14)
275. Shiftry: Evolve Nuzleaf (Leaf Stone)
276. Taillow: Route 104
277. Swellow: Evolve Taillow (Level 22)
278. Wingull: Route 103, Route 134 (Surfing)
279. Pelipper: Evolve Wingull (Level 25), Route 122 (Surfing), Route 134 (Surfing)
280. Ralts: Route 102
281. Kirlia: Evolve Ralts (Level 20)
282. Gardevoir: Evolve Kirlia (Level 30)
283. Surskit: Route 102
284. Masquerain: Evolve Surskit (Level 22)
285. Shroomish: Route 104
286. Breloom: Evolve Shroomish (Level 23)
287. Slakoth: Jagged Pass
288. Vigoroth: Evolve Slakoth (Level 18), Route 120
289. Slaking: Evolve Vigoroth (Level 36)
290. Nincada: Route 116
291. Ninjask: Evolve Nincada (Level 20)
292. Shedinja: Mt. Pyre (side of mountain/summit)
293. Whismur: Rusturf Tunnel, Desert Underpass
294. Loudred: Evolve Whismur (Level 20), Route 120, Desert Underpass
295. Exploud: Evolve Loudred (Level 40)
296. Makuhita: Granite Cave
297. Hariyama: Evolve Makuhita (Level 24)
298. Azurill: Route 103
299. Nosepass: Granite Cave, Route 123
300. Skitty: Route 104
301. Delcatty: Evolve Skitty (Moon Stone)
302. Sableye: Mt. Pyre, Cave of Origin, Sky Pillar
303. Mawile: Granite Cave, Mt. Pyre
304. Aron: Granite Cave
305. Lairon: Evolve Aron (Level 32), Victory Road
306. Aggron: Evolve Lairon (Level 42)
307. Meditite: Route 114
308. Medicham: Evolve Meditite (Level 37)
309. Electrike: Route 110, Route 118, New Mauville
310. Manectric: Evolve Electrike (Level 26), Route 118
311. Plusle: Route 110
312. Minun: Route 110
313. Volbeat: Route 117
314. Illumise: Route 117
315. Roselia: Evolve Budew (Friendship)
316. Gulpin: Route 104
317. Swalot: Evolve Gulpin (Level 26)
318. Carvanha: Route 118 (Surfing, Old Rod, Good Rod, Super Rod), Route 125 (Surfing), Route 134 (Surfing)
319. Sharpedo: Evolve Carvanha (Level 30), Route 132 (Super Rod)
320. Wailmer: Route 118 (Surfing, Old Rod), Route 125 (Surfing, Good Rod, Super Rod), Route 132 (Surfing, Good Rod, Super Rod)
321. Wailord: Evolve Wailmer (Level 40)
322. Numel: Route 112
323. Camerupt: Evolve Numel (Level 33)
324. Torkoal: Fiery Path, Mt. Pyre (side of the mountain)
325. Spoink: Route 112
326. Grumpig: Evolve Spoink (Level 32)
327. Spinda: Route 113, Route 121
328. Trapinch: Granite Cave, Route 111, Mirage Tower
329. Vibrava: Evolve Trapinch (Level 35)
330. Flygon: Evolve Vibrava (Level 45)
331. Cacnea: Route 117, Route 111, Route 121
332. Cacturne: Evolve Cacnea (Level 32)
333. Swablu: Route 117
334. Altaria: Evolve Swablu (Level 35), Sky Pillar
335. Zangoose: Route 115
336. Seviper: Route 115
337. Lunatone: Meteor Falls
338. Solrock: Meteor Falls
339. Barboach: Route 104 (Old Rod), Route 122 (Surfing)
340. Whiscash: Evolve Barboach (Level 30), Meteor Falls (Super Rod), Victory Road (Super Rod)
341. Corphish: Route 102 (Old Rod), Route 126 (Surfing), Route 132 (Surfing)
342. Crawdaunt: Evolve Corphish (Level 30)
343. Baltoy: Route 111, Meteor Falls
344. Claydol: Evolve Baltoy (Level 36), Meteor Falls, Sky Pillar
345. Lileep: Route 111
346. Cradily: Evolve Lileep (Level 40)
347. Anorith: Route 111
348. Armaldo: Evolve Anorith (Level 40)
349. Feebas: Route 107 (Old Rod), Route 133 (Surfing)
350. Milotic: Evolve Feebas (Water Stone)
351. Castform: Get from a scientist after you beat Team Aqua at the Weather Institute
352. Kecleon: Route 118, Route 121
353. Shuppet: Route 114, Mt. Pyre
354. Banette: Evolve Shuppet (Level 37), Sky Pillar
355. Duskull: Route 114, Mt. Pyre
356. Dusclops: Evolve Duskull (Level 37)
357. Tropius: Route 115, Route 119
358. Chimecho: Evolve Chingling (Friendship), Mt. Pyre (Summit)
359. Absol: Route 114
360. Wynaut: Received as Egg from the old lady in front of the Pokémo Center at Lavaridge Town
361. Snorunt: Route 110, Shoal Cave
362. Glalie: Evolve Snorunt (Level 42)
363. Spheal: Petalburg City (Old Rod), Route 126 (Surfing)
364. Sealeo: Evolve Spheal (Level 32)
365. Walrein: Evolve Sealeo (Level 44)
366. Clamperl: Dewford Town (Old Rod), Route 125 (Surfing), Route 130 (Surfing), Route 133 (Surfing)
367. Huntail: Evolve Clamperl (Moon Stone)
368. Gorebyss: Evolve Clamperl (Sun Stone)
369. Relicanth: Route 124 (Surfing), Route 130 (Surfing)
370. Luvdisc: Route 106 (Old Rod), Route 122 (Surfing), Route 128 (Surfing, Good Rod, Super Rod), Route 131 (Surfing)
371. Bagon: Meteor Falls
372. Shelgon: Evolve Bagon (Level 30), Meteor Falls
373. Salamence: Evolve Shelgon (Level 50)
374. Beldum: Get from the Poké Ball on Steven’s desk in his house in Mossdeep City
375. Metang: Evolve Beldum (Level 20)
376. Metagross: Evolve Metang (Level 45)
377. Regirock: Desert Ruins (Legendary Event)
378. Regice: Island Cave (Legendary Event)
379. Registeel: Ancient Tomb (Legendary Event)
380. Latias: Roaming\*/Southern Island (Legendary Event)
381. Latios: Roaming\*/Southern Island (Legendary Event)
382. Kyogre: Marine Cave (Legendary Event)\*
383. Groudon: Terra Cave (Legendary Event)\*
384. Rayquaza: Sky Pillar (Legendary Event)
385. Jirachi: Meteor Falls (Legendary Battle)
386. Deoxys: AuroraTicket Event\*
387. Turtwig: Receive from a Cycler on Cycling Road on Route 110
388. Grotle: Evolve Turtwig (Level 18)
389. Torterra: Evolve Grotle (Level 32)
390. Chimchar: Receive from the wanderer in Granite Cave
391. Monferno: Evolve Chimchar (Level 14)
392. Infernape: Evolve Monferno (Level 36)
393. Piplup: Receive from the old man with the Zigzagoon on Route 109
394. Prinplup: Evolve Piplup (Level 16)
395. Empoleon: Evolve Prinplup (Level 36)
396. Starly: Route 101
397. Staravia: Evolve Starly (Level 14), Route 119
398. Staraptor: Evolve Staravia (Level 34)
399. Bidoof: Route 101
400. Bibarel: Evolve Bidoof (Level 15), Route 131 (Surfing)
401. Kricketot: Route 103
402. Kricketune: Evolve Kricketot (Level 10)
403. Shinx: Route 103
404. Luxio: Evolve Shinx (Level 15), New Mauville
405. Luxray: Evolve Luxio (Level 30)
406. Budew: Route 102
407. Roserade: Evolve Roselia (Leaf Stone)
408. Cranidos: Route 111
409. Rampardos: Evolve Cranidos (Level 30)
410. Shieldon: Route 111
411. Bastiodon: Evolve Shieldon (Level 30)
412. Burmy: Route 103
413. Wormadam: Evolve Burmy (Level 20 if Female)
414. Mothim: Evolve Burmy (Level 20 if Male)
415. Combee: Route 104
416. Vespiquen: Evolve Combee (Level 21)
417. Pachirisu: Route 112, New Mauville, Route 120
418. Buizel: Route 113, Route 123, Route 127 (Surfing)
419. Floatzel: Evolve Buizel (Level 26)
420. Cherubi: Route 117, Route 123
421. Cherrim: Evolve Cherubi (Level 25)
422. Shellos: Route 117 (Old Rod), Route 127 (Surfing)
423. Gastrodon: Evolve Shellos (Level 30)
424. Ambipom: Evolve Aipom (Level Up + Double Hit)
425. Drifloon: Jagged Pass, Mt. Pyre
426. Drifblim: Evolve Drifloon (Level 28)
427. Buneary: Route 104
428. Lopunny: Evolve Buneary (Friendship)
429. Mismagius: Evolve Misdreavus (Dusk Stone)
430. Honchkrow: Evolve Murkrow (Dusk Stone)
431. Glameow: Jagged Pass
432. Purugly: Evolve Glameow (Level 38)
433. Chingling: Rusturf Tunnel, Mt. Pyre (Summit)
434. Stunky: Jagged Pass
435. Skuntank: Evolve Stunky (Level 34)
436. Bronzor: Meteor Falls
437. Bronzong: Evolve Bronzor (Level 33), Meteor Falls
438. Bonsly: Rusturf Tunnel
439. Mime Jr.: Route 112
440. Happiny: Get from a girl near Mauville City’s main sign
441. Chatot: Route 114, Route 120
442. Spiritomb: Get from the man who hit his back in Mt. Pyre
443. Gible: Route 113
444. Gabite: Evolve Gible (Level 24)
445. Garchomp: Evolve Gabite (Level 48)
446. Munchlax: Rusturf Tunnel
447. Riolu: Get from the lady in Dewford City's Pokémon Center
448. Lucario: Evolve Riolu (Friendship)
449. Hippopotas: Fiery Path
450. Hippowdon: Evolve Hippopotas (Level 34)
451. Skorupi: Route 116
452. Drapion: Evolve Skorupi (Level 40)
453. Croagunk: Route 112
454. Toxicroak: Evolve Croagunk (Level 37)
455. Carnivine: Route 113
456. Finneon: Dewford Town (Old Rod), Route 128 (Surfing)
457. Lumineon: Evolve Finneon (Level 31)
458. Mantyke: Route 110 (Old Rod), Route 132 (Surfing)
459. Snover: Route 113, Shoal Cave
460. Abomasnow: Evolve Snover (Level 40)
461. Weavile: Evolve Sneasel (Dusk Stone)
462. Magnezone: Evolve Magneton (Level Up in New Mauville)
463. Lickilicky: Evolve Lickitung (Level Up + Rollout)
464. Rhyperior: Evolve Rhydon (Link Cable)
465. Tangrowth: Evolve Tangela (Level Up + AncientPower)
466. Electivire: Evolve Electabuzz (ThunderStone)
467. Magmortar: Evolve Magmar (Fire Stone)
468. Togekiss: Evolve Togetic (Shiny Stone)
469. Yanmega: Evolve Yanma (AncientPower)
470. Leafeon: Evolve Eevee (Level Up in Petalburg Woods)
471. Glaceon: Evolve Eevee (Level Up in Shoal Cave)
472. Gliscor: Evolve Gligar (Dusk Stone)
473. Mamoswine: Evolve Piloswine (Level Up + AncientPower)
474. Porygon-Z: Evolve Porygon2 (Link Cable)
475. Gallade: Evolve Kirlia (Dawn Stone)
476. Probopass: Evolve Nosepass (Level Up in New Mauville)
477. Dusknoir: Evolve Dusclops (Dusk Stone)
478. Froslass: Evolve Snorunt (Dawn Stone)
479. Rotom: New Mauville
480. Uxie: Route 124 (Legendary Battle)
481. Mesprit: Route 124 (Legendary Battle)
482. Azelf: Route 124 (Legendary Battle)
483. Dialga: Meteor Falls if you have Uxie, Mesprit, and Azelf (Legendary Battle)
484. Palkia: Meteor Falls if you have Uxie, Mesprit, and Azelf (Legendary Battle)
485. Heatran: Scorched Slab (Legendary Battle)
486. Regigigas: Sealed Chamber if you have Regirock, Regice, and Registeel (Legendary Battle)
487. Giratina: Mt. Pyre if you have Dialga & Palkia (Legendary Battle)
488. Cresselia: Route 129 (Legendary Battle)
489. Phione: Breed Manaphy
490. Manaphy: Get from the old man in Mossdeep City
491. Darkrai: Mt. Pyre (Legendary Battle)
492. Shaymin: Petalburg Woods (Legendary Battle)
493. Arceus: Sky Pillar if you bring Dialga, Palkia, and Giratina (Legendary Battle)
494. Victini: Sootopolis City (Legendary Battle)
495. Snivy: Get from the girl in the bottom right corner of Fortree City
496. Servine: Evolve Snivy (Level 17)
497. Serperior: Evolve Servine (Level 36)
498. Tepig: Get from the girl in Lavaridge Town’s Pokémon Center
499. Pignite: Evolve Tepig (Level 17)
500. Emboar: Evolve Pignite (Level 36)
501. Oshawott: Receive from the girl in Sootopolis City
502. Dewott: Evolve Oshawott (Level 17)
503. Samurott: Evolve Dewott (Level 36)
504. Patrat: Route 101
505. Watchog: Evolve Patrat (Level 20)
506. Lillipup: Route 101
507. Herdier: Evolve Lillipup (Level 16), Route 120
508. Stoutland: Evolve Herdier (Level 32)
509. Purrloin: Route 101
510. Liepard: Evolve Purrloin (Level 20)
511. Pansage: Route 102
512. Simisage: Evolve Pansage (Leaf Stone)
513. Pansear: Route 102
514. Simisear: Evolve Pansear (Fire Stone)
515. Panpour: Route 102
516. Simipour: Evolve Panpour (Water Stone)
517. Munna: Route 110
518. Musharna: Evolve Munna (Moon Stone)
519. Pidove: Route 116
520. Tranquill: Evolve Pidove (Level 21), Route 119
521. Unfezant: Evolve Tranquill (Level 32)
522. Blitzle: Route 110, New Mauville
523. Zebstrika: Evolve Blitzle (Level 27)
524. Roggenrola: Granite Cave
525. Boldore: Evolve Roggenrola (Level 25), Victory Road
526. Gigalith: Evolve Boldore (Link Cable)
527. Woobat: Rusturf Tunnel
528. Swoobat: Evolve Woobat (Friendship)
529. Drilbur: Granite Cave
530. Excadrill: Evolve Drilbur (Level 31)
531. Audino: Route 114, Route 121
532. Timburr: Route 110
533. Gurdurr: Evolve Timburr (Level 25), Victory Road
534. Conkeldurr: Evolve Gurdurr (Link Cable)
535. Tympole: Route 128 (Surfing)
536. Palpitoad: Evolve Tympole (Level 25), Route 121
537. Seismitoad: Evolve Palpitoad (Level 36)
538. Throh: Jagged Pass
539. Sawk: Jagged Pass
540. Sewaddle: Route 101
541. Swadloon: Evolve Sewaddle (Level 20), Route 119
542. Leavanny: Evolve Swadloon (Friendship)
543. Venipede: Route 103
544. Whirlipede: Evolve Venipede (Level 22), Route 123
545. Scolipede: Evolve Whirlipede (Level 30)
546. Cottonee: Petalburg Woods
547. Whimsicott: Evolve Cottonee (Sun Stone)
548. Petilil: Petalburg Woods
549. Lilligant: Evolve Petilil (Sun Stone)
550. Basculin: Route 118 (Surfing), Route 128 (Surfing), Route 133 (Surfing)
551. Sandile: Route 104, Fiery Path
552. Krokorok: Evolve Sandile (Level 29), Victory Road
553. Krookodile: Evolve Krokorok (Level 40)
554. Darumaka: Fiery Path
555. Darmanitan: Evolve Darumaka (Level 35)
556. Maractus: Route 114
557. Dwebble: Granite Cave
558. Crustle: Evolve Dwebble (Level 34)
559. Scraggy: Route 117
560. Scrafty: Evolve Scraggy (Level 39)
561. Sigilyph: Meteor Falls
562. Yamask: Route 115, Mt. Pyre
563. Cofagrigus: Evolve Yamask (Level 34)
564. Tirtouga: Route 111 (Surfing)
565. Carracosta: Evolve Tirtouga (Level 37)
566. Archen: Route 111
567. Archeops: Evolve Archen (Level 37)
568. Trubbish: Route 114
569. Garbodor: Evolve Trubbish (Level 36)
570. Zorua: Get from the old man in Petalburg City (8.2)
571. Zoroark: Evolve Zorua (Level 30)
572. Minccino: Route 114, Route 120
573. Cinccino: Evolve Minccino (Sun Stone)
574. Gothita: Route 117
575. Gothorita: Evolve Gothita (Level 32), Mt. Pyre
576. Gothitelle: Evolve Gothorita (Level 41)
577. Solosis: Route 117
578. Duosion: Evolve Solosis (Level 32), Mt. Pyre
579. Reuniclus: Evolve Duosion (Level 41)
580. Ducklett: Route 117, Route 123
581. Swanna: Evolve Ducklett (Level 35)
582. Vanillite: Route 110, Shoal Cave
583. Vanillish: Evolve Vanillite (Level 35)
584. Vanilluxe: Evolve Vanillish (Level 47)
585. Deerling: Route 113
586. Sawsbuck: Evolve Deerling (Level 34)
587. Emolga: Route 113
588. Karrablast: Route 116
589. Escavalier: Evolve Karrablast (Link Cable)
590. Foongus: Route 116 , Route 120
591. Amoonguss: Evolve Foongus (Level 39)
592. Frillish: Route 107 (Old Rod), Route 122 (Surfing), Route 131 (Surfing)
593. Jellicent: Evolve Frillish (Level 40)
594. Alomomola: Route 118
595. Joltik: Petalburg Woods, New Mauville
596. Galvantula: Evolve Joltik (Level 36)
597. Ferroseed: Petalburg Woods
598. Ferrothorn: Evolve Ferroseed (Level 40)
599. Klink: Route 114
600. Klang: Evolve Klink (Level 38)
601. Klinklang: Evolve Klang (Level 49)
602. Tynamo: Route 112, New Mauville
603. Eelektrik: Evolve Tynamo (Level 39)
604. Eelektross: Evolve Eelektrik (ThunderStone)
605. Elgyem: Meteor Falls
606. Beheeyem: Evolve Elgyem (Level 42)
607. Litwick: Route 110, Mt. Pyre
608. Lampent: Evolve Litwick (Level 41)
609. Chandelure: Evolve Lampent (Dusk Stone)
610. Axew: Route 110
611. Fraxure: Evolve Axew (Level 38)
612. Haxorus: Evolve Fraxure (Level 48),
613. Cubchoo: Route 115, Shoal Cave
614. Beartic: Evolve Cubchoo (Level 37)
615. Cryogonal: Route 115, Shoal Cave
616. Shelmet: Route 116
617. Accelgor: Evolve Shelmet (Link Cable)
618. Stunfisk: Route 118 (Surfing)
619. Mienfoo: Route 117
620. Mienshao: Evolve Mienfoo (Level 50)
621. Druddigon: Route 119
622. Golett: Fiery Path, Route 123
623. Golurk: Evolve Golett (Level 43)
624. Pawniard: Meteor Falls, Route 123
625. Bisharp: Evolve Pawniard (Level 52)
626. Bouffalant: Route 119, Victory Road
627. Rufflet: Meteor Falls
628. Braviary: Evolve Rufflet (Level 54)
629. Vullaby: Meteor Falls
630. Mandibuzz: Evolve Vullaby (Level 54)
631. Heatmor: Fiery Path
632. Durant: Route 117
633. Deino: Route 115
634. Zweilous: Evolve Deino (Level 50)
635. Hydreigon: Evolve Zweilous (Level 64)
636. Larvesta: Get from the Collector at the Slateport Side of Route 134
637. Volcarona: Evolve Larvesta (Level 59)
638. Cobalion: Victory Road (Legendary Battle)
639. Terrakion: Victory Road (Legendary Battle)
640. Virizion: Victory Road (Legendary Battle)
641. Tornadus: Route 119 if you have Castform (Legendary Battle)
642. Thundurus: Route 119 if you have Castform (Legendary Battle)
643. Reshiram: Sky Pillar (Legendary Battle)
644. Zekrom: Sky Pillar (Legendary Battle)
645. Landorus: Mirage Tower if you have Tornadus and Thundurus (Legendary Battle)
646. Kyurem: Shoal Cave if you have Reshiram and Zekrom (Legendary Battle)
647. Keldeo: Route 123 if you have Cobalion, Terrakion, and Virizion (Legendary Battle)
648. Meloetta: Lilycove City (Legendary Battle)
649. Genesect: New Mauville (Legendary Battle)
650. Sylveon: Evolve Eevee (Friendship)